

SIR GEORGE CAYLEY SAILWING CLUB

Milk Run Races

Published: Richard Shirt, Competition Manager

What is this competition about?

This is an easyish out and return race that members with a GPS can compete in. The completion will be held at two flying sites, Bridlington and Mappleton (note this is not official Cayley site).

The aim of the race is to exit a start cylinder, fly as fast as possible to a designated turn point and back to the finish cylinder. Your GPS track log (IGC) will be used to validate your times by the competition manager.

Points will be awarded to the top 5 pilots from each race and ranked in an overall table. The pilot with the most points will be the winner of the competition.

The competition is open to paragliders and hang gliders who will compete in their own competitions.

Scoring

Each pilot in the top 5 will score points 10 (1st), 8(2nd), 6(3rd), 4(4th) & 2(5th) for each of their races and these will be added together for an overall score.

Pilot	Overall Points	Bridlington Race	Pts	Mappleton Race	Pts
Pilot A	18	1hr 06min 3sec	10	1hrs 36min 43sec	8
Pilot B	16	1hr 24min 9sec	6	1hr 23min 12sec	10
Pilot C	14	1hr 18min 2sec	8	1hr 48min 56sec	6
Pilot D	6	1hr 54min 4sec	2	1hr 59min 2sec	4
Pilot E	6	1hr 37min 34sec	4	2hr 03min 57sec	2

Mappleton Milk Run Race

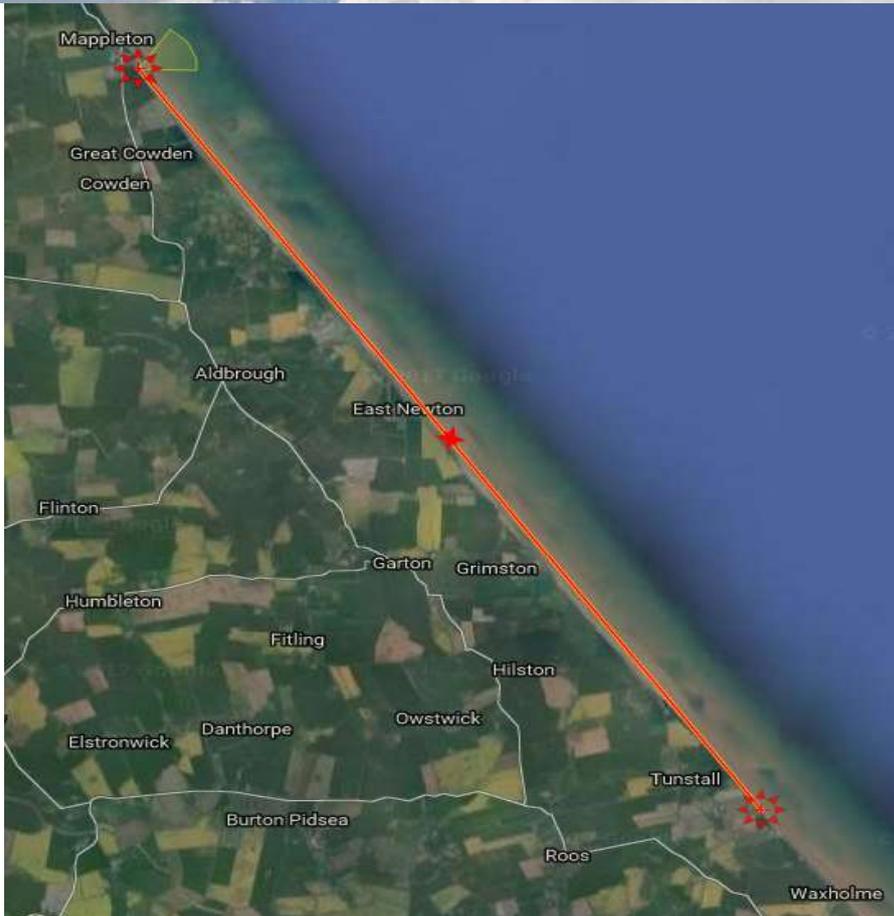
Competition Outline

This competition is a 30.5km out and return coastal race which is open all year to all our members. The aim of the competition is to get to the turnpoint (more on this) and back to Mappleton car park fast as you can.

The competition will be open for Paragliders and Hang gliders who will compete in their respective classes. The competition will be open from the 1st January to 30th November.

For those of you without fancy GPS devices, fly as fast as you can from the car park, turn around when you hit the end of the lake at the caravan park at Tunstall and fly back to the car park.

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To qualify you need a GPS that is able to download tracks in IGC format to your PC (see how to download tracks). Either submit them to XCLeague or email them to comps@cayleyparagliding.co.uk with your name, glider make and model and date flown.

Turnpoints

The competition works on 3 pre-defined 40m task cylinders up to 200m AGL, one at Mappleton car park at the start, known as the start cylinder (SC), a turnpoint task 15km down the coast at Tunstall beach TP1, and goal cylinder back at Mappleton car park (GC).

<https://xcplanner.appspot.com/?l=uk&p=ypygIx~XvjUknXujUjnX&s=20.0&a=0>

Turnpoint details

001 53° 52.483' N 0° 7.988' W 12m
002 53° 45.658' N 0° 0.158' W 4m
003 53° 52.482' N 0° 7.987' W 12m

The below shows the start and goal cylinders for the competition. You will be timed when you cross the blue line at the green start cylinder (SC) and re-enter the red cylinder (GC) by crossing the blue line again.

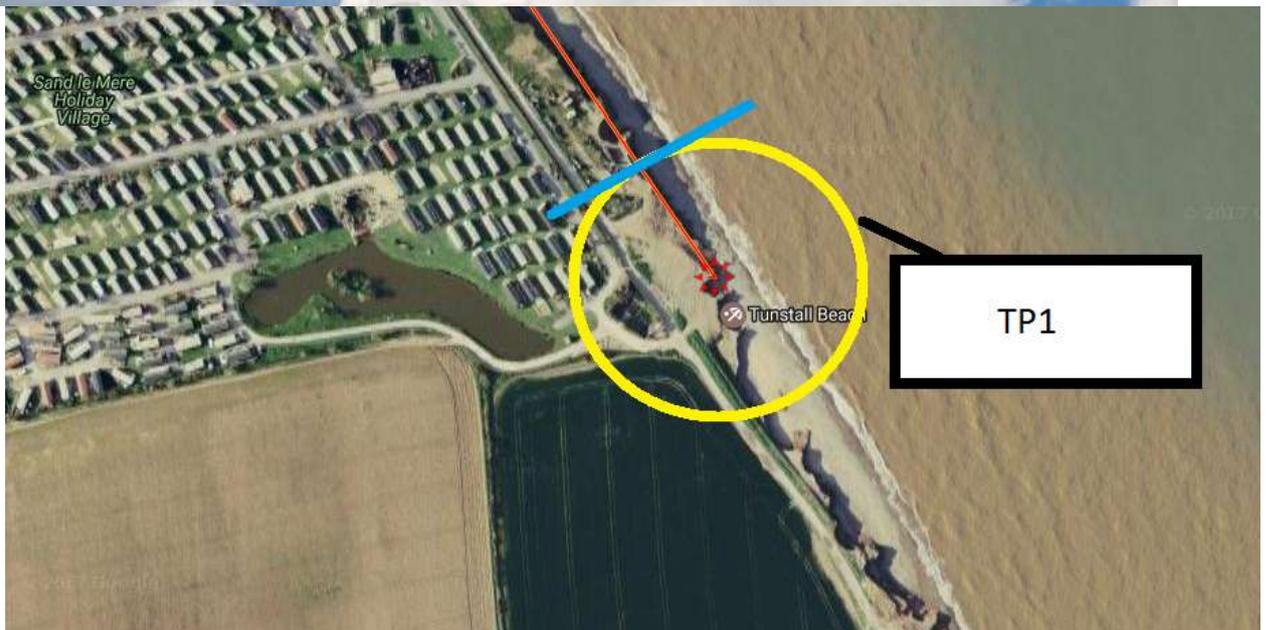
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The turn point is 15.3km to the south of take off at Sand le mere holiday village, 500m south of Tunstall village. Fly along the front of the holiday village until you are at the edge of the lake edge and fly back to the goal cylinder. To qualify for the turnpoint you need to cross the blue line and register one GPS track point of your crumb trail within this cylinder.

Get your glider pointed back to Mappleton and get back to the car park as soon as possible.

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Example flight from 16th March 2016

You can see the pilot crossing the exit start cylinder at 12:30:17, enters TP2 so validates his run, and enters the goal cylinder at 14:09:21. Total coastal run time 1hr 39min and 4 seconds. Now go and beat it!

001 53° 52.529' N 0° 7.986' W 10m
002 53° 45.658' N 0° 0.158' W 4m
003 53° 52.529' N 0° 7.985' W 10m

Sewerby to South Landing

Competition Outline

This competition is a 7.3km out and return coastal race that is open all year to all our members. The aim of the competition is to get to the turnpoint (more on this) and back to Sewerby Steps as fast as you can.

The competition will be open for Paragliders and Hang gliders who will compete in their respective classes. The competition will be open from the 1st January to 30th November.

For those of you without fancy GPS devices, fly as fast as you can from Sewerby steps, heading north, jump South Landing, get to the gully and head back to Sewerby steps as quickly as you can.

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To qualify you need a GPS that is able to download tracks in IGC format to your PC (see how to download tracks). Either submit them to XCLeague or email them to comps@cayleyparagliding.co.uk with your name, glider make and model and date flown.

Turnpoints

The competition works on 3 pre-defined 40m task cylinders up to 200m AGL, one at Sewerby Steps at the start, known as the start cylinder (SC), a turnpoint task 3.6km down the coast past South Landing (TP1), and goal cylinder back at Sewerby Steps (GC).

Turnpoint details

001 54° 5.990' N 0° 9.837' W 13m

002 54° 6.227' N 0° 6.488' W 16m

003 54° 5.990' N 0° 9.837' W 13m

Link to XCPlanner website task

[https://xcplanner.appspot.com/?l=uk&p= keiIt_%40uW%7B%7BItWz%7BI&s=20.0&a=0](https://xcplanner.appspot.com/?l=uk&p=keiIt_%40uW%7B%7BItWz%7BI&s=20.0&a=0)

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Fly High and Land Safely!

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